**Current Government Guidelines:**

**Schools are at this point, staying open, and your child should continue to attend.**

## How to avoid catching or spreading coronavirus:

## wash your hands with soap and water often – do this for at least 20 seconds

* always wash your hands when you get home or into work
* use hand sanitiser gel if soap and water are not available
* cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
* put used tissues in the bin immediately and wash your hands afterwards
* avoid close contact with people who are unwell't
* do not touch your eyes, nose or mouth if your hands are not clean

## Stay at home if you have coronavirus symptoms

## Stay at home for 7 days if you have either:

## a high temperature

## a new, continuous cough

Do not go to a GP surgery, pharmacy or hospital.

### Use the NHS 111 online coronavirus service if:

* you feel you cannot cope with your symptoms at home
* your condition gets worse
* your symptoms do not get better after 7 days

**Please follow government guidelines and check online current advice at all times, as we are doing at school. Advice changes daily and all we can all do at the moment is follow the government guidance.**